

## SCRUTINY PANEL

8 February 2018

### ANNUAL REPORT OF THE DIRECTOR OF PUBLIC HEALTH 2017

Strategic Aim:	Meeting the health and wellbeing needs of the community improving the health of the population.		
Exempt Information	No		
Cabinet Member(s) Responsible:	Mr Alan Walters  Portfolio Holder for Health, Adult Social Care and Community Safety		
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Ward Councillors	All		

### DECISION RECOMMENDATIONS

That the Panel:

1. Notes the Director of Public Health's Annual Report.
2. Endorses the recommendations in the report.

## 1 PURPOSE OF THE REPORT

- 1.1 The purpose of a DPH Annual Report is to improve the health and wellbeing of the people of Rutland. This is done by reporting publicly and independently on trends and gaps in the health and wellbeing of the population and by making recommendations for improvement to a wide range of organisations.

## 2 BACKGROUND

- 2.1 The Director of Public Health's (DPH) Annual, report is a statutory independent report on the health of the population of Rutland.
- 2.2 The focus of this year's report is an analysis of health in Rutland covering demography, wider determinants of health, lifestyles, ill health, hospital admissions and prescribing.
- 2.3 The report uses the analysis to identify the key areas of military health, lifestyles and air quality where further investigation and work are necessary.
- 2.4 The military population have a significant bearing on the population of Rutland and

its use of health and other services. Although there are good links between public health and the military on specific issues, the importance of the military and veteran population in Rutland calls for a review, in line with national publications, on the links between the military defence service and public health.

- 2.5 Around two-thirds of deaths among the under 75s are caused by diseases and illness that are largely avoidable, including cancer and diseases of the circulatory system. Many of the direct causes are due to lifestyle related factors and are preceded by long periods of ill health. Lifestyle services that tackle multiple lifestyle risk factors need to be integral to developments such as Integrated Locality Teams.
- 2.6 The hospital admissions indicator is strongly associated with income deprivation locally and there appears to be some correlation with crime levels. I will undertake further analysis exploring the potential association between crime and hospital admissions in the north of Rutland, notably in the Greetham and Exton wards.

### **3 CONCLUSION AND SUMMARY OF REASONS FOR THE RECOMMENDATIONS**

- 3.1 The annual report is an important vehicle by which Directors of Public Health can identify key issues, flag up problems, report progress and thereby serve their local populations. It is also a key resource to inform stakeholders of priorities and recommend actions to improve and protect the health of the communities they serve.

### **4 APPENDICES**

No appendices

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